

2026（令和8）年度入学試験〔Ⅱ期日程〕

外国語（英語）試験問題

相模女子大学大学院 栄養科学研究科
博士前期課程（一般入学試験）

〔Ⅱ期〕2026年2月4日（水）9時30分～10時30分

以下のⅠおよびⅡの設問に解答しなさい。

Ⅰ 以下の英文を和訳しなさい。

○ What is a nutrition information label?

A processed food or a food additive packed in a container or packaging bears a nutrition information label to clarify information on the nutrients contained in it and to help consumers make appropriate dietary choices. When a label not only lists the nutrients and energy contained in the food, but makes a claim of the content of a specific nutrient or energy, the nutrient or energy content needs to meet specific criteria. The nutrition information label is sometimes omitted for food that makes little contribution as a nutritional source, such as water or seasonings, or food sold by a small-scale business operator.

○ Labelling method

A label lists elements in the order of energy, protein, fat, carbohydrates, and sodium, provided that sodium is indicated as salt equivalent. It could also list nutrients that are recommended to be declared or voluntarily declared.

◆ Nutrients that are mandatorily declared

energy, protein, fat, carbohydrates, sodium (indicated as salt equivalent)

◆ Nutrients that are recommended to be declared

saturated fatty acids, dietary fibre

◆ Nutrients that are voluntarily declared

minerals (such as zinc, potassium, and calcium), vitamins (such as vitamin A, vitamin B1, and vitamin C), etc.

「Nutrition Information Label」(2021)(消費者庁)

(https://www.caa.go.jp/en/policy/food_labeling/assets/food_labeling_cms206_20210318_02.pdf)
をもとに相模女子大学が作成

[解答欄]

Ⅱ 以下の英文を和訳しなさい。

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