

2022年度入学者選抜（A日程・1月23日）【60分】

# 外国語試験問題

『コミュニケーション英語Ⅰ・Ⅱ、英語表現Ⅰ』

学芸学部：日本語日本文学科・英語文化コミュニケーション学科  
 子ども教育学科・メディア情報学科・生活デザイン学科  
 人間社会学部：社会マネジメント学科・人間心理学科  
 栄養科学部：健康栄養学科・管理栄養学科  
 短期大学部：食物栄養学科

I 次の各文の（ ）に入る最も適切な語（句）を下のア～エの中からそれぞれ1つ選び、記号で答えなさい。

- Sakura is thinking of visiting Sagami University before applying for （ ）.  
 ア. explanation  
 イ. direction  
 ウ. interpretation  
 エ. admission
- The new power plant is being built to （ ） enough energy to the region.  
 ア. supply  
 イ. save  
 ウ. support  
 エ. search
- It would be （ ） no use to open an umbrella in such a heavy storm.  
 ア. in  
 イ. for  
 ウ. of  
 エ. with
- It cost a lot of money to （ ） Kumamoto Castle damaged by the earthquake.  
 ア. recall  
 イ. remind  
 ウ. restore  
 エ. resemble

- Yuka didn't （ ） for the class again. I wonder what happened to her.  
 ア. turn up  
 イ. pull away  
 ウ. hand out  
 エ. give in
- My aunt is an excellent cook because she （ ） worked for a famous restaurant as a chef.  
 ア. gradually  
 イ. eventually  
 ウ. previously  
 エ. lastly
- Human social activities are （ ） to global warming.  
 ア. contributing  
 イ. causing  
 ウ. resulting  
 エ. owing
- We're afraid that the smoke from the factories will （ ） about environmental pollution.  
 ア. go  
 イ. come  
 ウ. bring  
 エ. take
- Erika left her smartphone on the train. She was very （ ） to find someone kindly delivered it to the lost and found in the station.  
 ア. grateful  
 イ. upset  
 ウ. careless  
 エ. exhausted
- My cat isn't （ ） about food. He is always happy to eat anything.  
 ア. tolerant  
 イ. comfortable  
 ウ. particular  
 エ. friendly

Ⅱ 次の各文の（ ）に入る最も適切な語（句）を下のア～エの中からそれぞれ1つ選び、記号で答えなさい。

1. The event will be canceled if it ( ) tomorrow.  
ア. rain  
イ. rains  
ウ. raining  
エ. will rain
2. He is proud of ( ) a gold medal at the Tokyo 2020 Olympic games.  
ア. have won  
イ. to have won  
ウ. having won  
エ. had won
3. This book, ( ) author is a graduate of Sagami Women's University, is very interesting.  
ア. who  
イ. which  
ウ. whose  
エ. what
4. Mina studies hard at school, ( ) at home she helps out with her family business.  
ア. while  
イ. where  
ウ. during  
エ. in spite of
5. Kofu in Yamanashi Prefecture is about 300 meters ( ) sea level.  
ア. at  
イ. above  
ウ. up  
エ. on

6. We have not heard ( ) news about the incident since then.  
ア. much  
イ. many  
ウ. a few  
エ. a little
7. It was raining ( ) in Hakone.  
ア. immediately  
イ. heavily  
ウ. deeply  
エ. hilariously
8. Ayano bought ( ) of the three smartphones.  
ア. the most expensive one  
イ. a most expensive one  
ウ. the less expensive one  
エ. a least expensive one
9. I wish Shinobu ( ) here to fight him with me.  
ア. is  
イ. were  
ウ. being  
エ. has been
10. She asked the police officer how many people ( ) in traffic accidents in Kanagawa prefecture last year.  
ア. had killed  
イ. had been killed  
ウ. have killed  
エ. has been killed

Ⅲ 以下の各日本語文の意味になるように（ ）の中の語（句）を並べ替えて英文を作成した場合に、（ ）内の3番目と5番目にくるものを選び、記号で答えなさい。ただし、文頭にくる単語も語頭は小文字になっています。

1. 私たちはリンゴの木を昨夜の台風で倒されてしまった。  
We (ア. apple イ. blown ウ. our エ. down オ. had カ. by  
キ. trees) the typhoon last night.
2. 私は彼が警告をしてくれてはじめてその危険に気づいた。  
It was (ア. warned イ. until ウ. that エ. not オ. me カ. I  
キ. he) became aware of the danger.
3. 貧乏とはどういうものか知っていますか？  
Do you know (ア. is イ. be ウ. it エ. like オ. poor カ. to  
キ. what)？
4. このようにして彼らは洞穴にいる人々を救う使命を成し遂げたのだ。  
(ア. how イ. their mission ウ. is エ. to オ. achieved カ. this  
キ. they) save the people in the cave.
5. そろそろ自分たちのために何か楽しいことをしてもいい頃ではないでしょうか。  
It is (ア. nice イ. did ウ. for エ. about オ. something カ. time  
キ. we) ourselves, isn't it?

Ⅳ 次の履修科目の登録についての文章とスケジュール、それについての二人のテキストメッセージの会話を読みなさい。

#### 【 Course Registration Flow 】

1. **Decide which courses you are going to take.** Decide which courses you are going to register for. For information on courses, refer to the Online Syllabus on SmileSagami before the opening date of registration.
2. **Register for courses via SmileSagami.** You can register for courses using the online registration system on SmileSagami only during the course registration periods.
3. **Make necessary changes in person at the Student Office on campus.** Only students who have double registrations can make changes.

\*SmileSagami is the portal site of Sagami Women's University which offers multiple functions needed for your school life, such as reading the course syllabus, course registration, email service, and more.

#### 【 Course Registration Schedule 】

	Date and Time	
To register for courses	April 6 <sup>th</sup> (Wed.) 9:00 – April 8 <sup>th</sup> (Fri.) 17:00	Online (SmileSagami)
To change registered courses	April 14 <sup>th</sup> (Thu.) 9:00 – April 15 <sup>th</sup> (Fri.) 17:00	In-person

\*To avoid website failure, you are recommended to register before the last date. You may experience slow access to the website due to heavy web traffic before or near the closing time on the last day of the registration period.



Yuka 15:01

Hi Maki, I have a question. What is SmileSagami?

Maki 15:11

Hi Yuka, that's the portal site of the university. Here is the link:  
<https://smilesagami.sagami-wu.ac.jp>



Yuka 15:28

Thanks. So, I can do everything online. That's very convenient. I don't have to go to the university for registration at all. ☺ What a relief! I was planning to visit Hakone from Friday 15<sup>th</sup> and come back home on Sunday 17<sup>th</sup>. We are staying at the legendary Fujiya Hotel.

Maki 15:32

Ohhh, that's so nice, Yuka. But, actually, you might have to go to the university in case you need to make changes. So, you should be ready to go to university either on the 14<sup>th</sup> or the 15<sup>th</sup>.

Yuka 15:35

Oh, really? But at least I have the 14<sup>th</sup> to do so. I don't have to change my plan after all. Thanks again and see you on campus soon!

次の5つの文のうち、内容として正しいものにはT、正しくないものにはFを選びなさい。

1. The students can read the course syllabus prior to April 6<sup>th</sup>.
2. SmileSagami can only be used to read the course syllabus and register for courses.
3. It is a good idea to register for courses on April 8<sup>th</sup> to avoid slow access to the website.
4. Anyone who wants to make any changes in registration should do so any time after April 14<sup>th</sup>.
5. Maki will not change her travel plan to Hakone even if she needs to make some changes to her registration.

V 以下は大学の同級生の会話です。空所[1]～[5]の位置にくる文をA～Fから1つずつ選び、記号で答えなさい。なお、A～Fには、1つ余分な文が含まれています。

Joanne: I have just been looking through some travel brochures for our next summer holiday.

Lisa: ..... [1] .....

Joanne: ..... [2] .....

Lisa: I'd prefer to be able to swim in the ocean rather than go hiking if possible, let me see the beach brochures.

Joanne: Here you are. This hotel has all meals included and it is right next to the beach.

Lisa: ..... [3] .....

Joanne: There are two swimming pools, a spa, restaurants, a game room, and many different water sports are available.

Lisa: ..... [4] .....

Joanne: ..... [5] .....

Lisa: I think we should reserve it before it gets fully booked.

- A. That looks wonderful with all the palm trees. What about the hotel facilities? Does it have many activities which we could do?
- B. That sounds perfect. I've always wanted to try wind-surfing. Is it expensive?
- C. Thank you! What kind of places are you thinking about?
- D. The choices I'm thinking about so far are; a beach holiday, a city break or something in the countryside.
- E. There is a cottage in the forest and it can accommodate up to six people.
- F. It costs a little more than some of the others on offer, but we get a discount if we stay more than three nights.

Ⅵ 次の英文を読んで各設問に答えなさい。

In North America, more than sixty percent of households have one or more pets. The most common types of pets in Canada are cats, dogs, birds, fish, and hamsters. However, some people also have unusual pets such as snakes, lizards, frogs, and even tarantulas. There are many benefits to owning pets, but there are also risks.

[ A ] a pet can benefit people of all ages, backgrounds, genders, and lifestyles. However, parents question whether they should buy or adopt a pet for their child. Parents often worry that <sup>(1)</sup>~~~~~ and will not take good care of it. On the contrary, research shows that most children who are given pets quickly learn responsibility and find joy in taking care of an animal. They are also beneficial to every type of lifestyle. For example, a dog is an excellent choice for someone with a yard who is looking for some companionship. On the other hand, if someone is out of town often, a fish [ B ] be a good choice as they do not need to be fed or cleaned very frequently. There is an ideal pet for any type of lifestyle and situation.

In addition, to be a pet owner has been shown to decrease stress in humans. Stroking and cuddling an animal can [ C ] calmness, relaxation, and relief to people experiencing physical, mental, or emotional distress. In North America, <sup>(2)</sup>a pet can be licensed as a “support animal” which allows its owners to bring them into public spaces, such as stores and libraries, where animals would normally be prohibited. These pets help their owners deal with stress and anxiety and are common for people who suffer mental health disorders such as post-traumatic stress disorder\*. In addition, several organizations use pets to help people. One such organization is “Therapeutic\*\* Paws of Canada.” This organization brings volunteers with their cats or dogs to hospitals, schools, and senior residences to cheer people up.

[ D ] there are many types of pets, there are laws against having certain pets because they can be dangerous. In Canada, most wild animals are not <sup>(3)</sup>allow to be kept as pets because they can suffer in captivity. They need to live in their natural habitats to have all their needs met. There are also many risks to having wild animals in captivity. For example, two young boys in Canada were killed by an African Rock Python\*\*\* when it escaped from its enclosure in 2013. In addition, there have been reports of children being killed by big cats, such as tigers and cougars, in North America over the last several decades. Because of situations like this, many people believe that people should not be taking care of wild animals in their homes.

Many people think it is [ E ] responsibility to have a pet, but because they have so many benefits to mental, physical, and emotional health, owning a pet has many rewards. Nevertheless, it is important to research what kind of pet is ideal for your situation and understand how to care for your pet correctly.

\*post-traumatic stress disorder 心的外傷後ストレス障害 (PTSD)

\*\*Therapeutic 治療上の、健康維持に役立つ

\*\*\*African Rock Python アフリカニシキヘビ

1. 空欄 [ A ] ～ [ E ] に入る最も適切な語を選び、記号で答えなさい。

- |                 |            |                |              |
|-----------------|------------|----------------|--------------|
| [A] ア. Had      | イ. Having  | ウ. Have        | エ. Have to   |
| [B] ア. have to  | イ. would   | ウ. have not to | エ. would not |
| [C] ア. bringing | イ. brought | ウ. bring       | エ. bring to  |
| [D] ア. Although | イ. However | ウ. Moreover    | エ. Despite   |
| [E] ア. full     | イ. a lot   | ウ. many        | エ. too much  |

2. 波線部<sup>(1)</sup>~~~~~にはどの文が入るのか、最も適切なものをア～エから1つ選び、記号で答えなさい。

- ア. their child will be responsible for the pet  
イ. their child will feed the pet well  
ウ. their child will take the pet on long walks  
エ. their child will not take responsibility for the pet

3. 波線部<sup>(2)</sup>a pet can be licensed as a “support animal,” which allows its owners to bring them into public spacesの内容として最も適切なものをア～エから1つ選び、記号で答えなさい。

- ア. support animals are legal in stores and libraries  
イ. support animals are illegal in stores and libraries  
ウ. support animals are prohibited in public spaces  
エ. support animals do not need a license to be in public spaces

4. 波線部<sup>(3)</sup>allowは原形になっています。正しい形をア～エから1つ選び、記号で答えなさい。

- ア. allowed      イ. to allow      ウ. allowing      エ. to be allowed

5. 本文の内容と最も一致している文をア～オから1つ選び、記号で答えなさい。

- ア. Pets only help a certain kind of person to live a fulfilling life.  
イ. There are no laws against keeping dangerous pets in North America.  
ウ. Support animals have been shown to improve the mental health of owners.  
エ. Children should not be left with any pets at any time.  
オ. Owning a pet is not a big responsibility if it is fed and cleaned well.

6. 本文のタイトルとして最も適切なものをア～エから1つ選び、記号で答えなさい。

- ア. Having a Pet Makes Children Happy  
イ. Choosing a Pet Which Suits Your Life Is Important  
ウ. Choosing a Pet Can Be Problematic for Families  
エ. Dangerous Pets Cause Death in North America

2022年度入学者選抜（B日程・1月30日）【60分】

## 外国語試験問題

『コミュニケーション英語Ⅰ・Ⅱ、英語表現Ⅰ』

学芸学部：日本語日本文学科・英語文化コミュニケーション学科  
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短期大学部：食物栄養学科

- Ⅰ 次の各文の（ ）に入る最も適切な語（句）を下のア～エの中からそれぞれ1つ選び、記号で答えなさい。

1. Lisa was ( ) not feeling well yesterday: she kept coughing and looked very tired.  
ア. obviously  
イ. immediately  
ウ. significantly  
エ. calmly
2. Excuse me, Mr. Smith, could you ( ) me a minute after class? I'd like to have a word with you.  
ア. lend  
イ. have  
ウ. tell  
エ. spare
3. Her gorgeous bright red hair made her stand ( ) in a crowd.  
ア. out  
イ. up  
ウ. by  
エ. for
4. To my ( ), the screening of the movie I was looking forward to had ended last week.  
ア. relief  
イ. excitement  
ウ. disappointment  
エ. joy

5. For security reasons, your luggage will be (     ) at the entrance.  
ア. translated  
イ. inspected  
ウ. circulated  
エ. purchased
6. Because both of her parents work, Emi is (     ) being home alone after school.  
ア. convenient for  
イ. careful of  
ウ. similar to  
エ. accustomed to
7. I love freshly-baked bread, so I prefer to go shopping (     ).  
ア. costly  
イ. accidentally  
ウ. frequently  
エ. quietly
8. The coastal (     ) was severely damaged by the tsunami.  
ア. weather  
イ. landscape  
ウ. sports  
エ. wave
9. On her way home, Mary always stops (     ) the store at the corner to buy some sweets.  
ア. across  
イ. into  
ウ. by  
エ. for
10. I was proud of making a speech at the inter-high school festival (     ) of my school.  
ア. on behalf  
イ. in need  
ウ. in account  
エ. for fear

Ⅱ 次の各文の (     ) に入る最も適切な語 ( 句 ) を下のア～エの中からそれぞれ 1 つ選び、記号で答えなさい。

1. By the time our train (     ) there, she will be happy again.  
ア. get  
イ. gets  
ウ. getting  
エ. will get
2. Mika is always afraid of (     ) mistakes.  
ア. make  
イ. to make  
ウ. making  
エ. made
3. This is the man (     ) they say loves you.  
ア. who  
イ. whom  
ウ. whoever  
エ. whomever
4. My actual birthday is not January 1st (     ) December 31st.  
ア. but  
イ. so  
ウ. instead of  
エ. on the contrary
5. Oysters are sold (     ) the kilogram in this fish market.  
ア. at  
イ. by  
ウ. for  
エ. in

6. The next shuttle bus will be (     ) crowded than this one.

- ア. much
- イ. a little
- ウ. as
- エ. less

7. Have you (     ) been to Hakone?

- ア. ever
- イ. once
- ウ. always
- エ. still

8. Sayaka chose (     ) of the three kitties.

- ア. the smallest
- イ. the smaller
- ウ. the small
- エ. one small

9. If Mr. Murata were here, he (     ) what to do.

- ア. has known
- イ. will know
- ウ. would know
- エ. knows

10. My grandmother is getting better and (     ) good care of by a nurse from the hospital.

- ア. taking
- イ. is taking
- ウ. is being taken
- エ. having taken

Ⅲ 以下の各日本語文の意味になるように (     ) の中の語 ( 句 ) を並べ替えて英文を作成した場合に、(     ) 内の 3 番目と 5 番目にくるものを選び、記号で答えなさい。

1. 彼は不親切だから助けを求めても無駄だ。

It is ( ア. asking    イ. use    ウ. help    エ. him    オ. no    カ. since  
キ. for ) he is unkind.

2. 歌で生計を立てるのは難しいことがわかった。

I ( ア. by    イ. make    ウ. it    エ. a living    オ. to    カ. found  
キ. difficult ) singing.

3. あなたはそんなばかげたことをしてしまったことを後悔するときは来るだろう。

The ( ア. done    イ. will come    ウ. having    エ. you    オ. time  
カ. when    キ. regret ) such a silly thing.

4. 両親はその少女におばあさんの名前を取って、カレンと名づけた。




The ( ア. the girl    イ. grandmother    ウ. Karen    エ. her    オ. after  
カ. parents    キ. named ).

5. 議論の中心はいかに気候変動に対応するかである。

At the center of the controversy ( ア. cope    イ. the issue    ウ. how  
エ. lies    オ. with    カ. to    キ. of ) climate change.



- Ⅳ アナとサクラは大学1年生で、どのクラブ活動に参加するか決めようとしています。二人とも勉強やアルバイトで忙しいのですが、相談して同じクラブに入ることになっています。以下のチラシとチャットのやり取りを読み、内容と一致する場合にはT、一致しない場合にはFを解答欄に記入しなさい。

Club Activity	Short Description of Club Activity	Regular Weekday Meeting Time	Weekend Meeting Time
<b>Volleyball</b> 	A fun, active club where both beginners and experienced players are welcome. We participate in a few competitions throughout the year and also take part in volunteer activities with local schools. Come and join us! Email: volleyball@sagami.women.jp	Monday 18:00-19:30 Friday 18:00-21:00	The first Saturday of the month
<b>Cheerleading</b> 	Cheerleading is a demanding activity and it is preferred you have some experience of dance or cheerleading before joining. Before competitions we practice every evening and most weekends. Bring your best moves! Email: cheerleading@sagami.women.jp	Tuesday 18:30-21:30 Thursday 18:30-21:30	Saturday 10:00-12:00
<b>English Club</b> 	The English Club holds meetings in which students can play English games, study for tests, and enjoy learning about different countries cultures. Come and make new friends and improve your English ability! Everyone is welcome. Email: englishclub@sagami.women.jp	Wednesday 12:00-13:00	

Anna 15:21

Hi Sakura, how are you doing today? I was just looking through the flyer for club activities. Did you check it?

Sakura 15:25

Hi Anna, I was really busy preparing for classes but we can chat about it now if you like.

Anna 15:28

The deadline for applying is coming up this Friday so we should decide soon. What days are you working this semester? And which club is the most attractive to you?

Sakura 15:34

I'll work all day on Sundays and on Wednesday afternoon from 14:00 to 20:00. I'm really not sure which club we should join.....

Anna 15:37

Well, I belonged to the cheerleading club in high school and it was a lot of fun. However, I have to work on Thursday evenings after school. Also, I think it would be good to try something different.

Sakura 15:45

So, we have to choose between physical or mental activities? Volleyball or English!? I'm interested in studying abroad. I think the English club might be the best choice.

Anna 15:49

I was thinking the same too. I hope I can improve my English test scores for getting a job. Will you have enough time to get ready for work?

Sakura 15:55

My boss is pretty flexible. I'll mail him and ask if I can start 30 minutes later. Do you think you could get a little more information about English club?

Anna 15:57

Yes. Sure. I'm glad we decided together. It's going to be a fantastic year. I can feel it. Talk later.

1. Cheerleading is the busiest club activity for students.
2. Anna and Sakura have another week to decide which club activity to join.
3. Anna would prefer to join the cheerleading club.
4. Sakura would only like to improve her English test scores.
5. Both Anna and Sakura will probably send an email after this chat.

V 以下は日本人留学生と現地の大学生の会話です。空所 [1] ～ [5] の位置にくる文を A ～ F から 1 つずつ選び、記号で答えなさい。なお、A ～ F には、1 つ余分な文が含まれています。

Japanese student: Excuse me, do you think you could help me?

Local student: Sure. What's the problem?

Japanese student: ..... [1] .....

Local student: Let me see. We are here on the map and the library is just behind that tall building over there.

Japanese student: ..... [2] .....

Local student: ..... [3] .....

Japanese student: ..... [4] .....

Local student: Welcome! I highly recommend the ramen they serve in the cafeteria. It is really delicious.

Japanese student: ..... [5] .....

Local student: It's not far from the library, it's the glass building next to the green wooded square. Enjoy your lunch. See you around.

- A. Yes, I just arrived from Japan and this is the first time for me to visit the campus.
- B. Thank you for your advice. Could you point out the cafeteria on this map?
- C. Ah! That's why I couldn't find it. It was hiding from view.
- D. The campus can be a little confusing at first but you'll soon get used to it. Are you a new student?
- E. The library is open from 8 a.m. to 9 p.m. on weekdays and from 9 a.m. to 6 p.m. on Saturdays and Sundays.
- F. I'm trying to find the university library using this campus map. I think it should be close to here but I can't find it.

VI 次の英文を読んで各設問に答えなさい。

Everyone loves to travel and visit new, exciting places. However, there can be some negative impacts [ A ] global travelers. People who travel great distances often feel tired and exhausted when they arrive at their new destination. The long journey is not the only reason for their fatigue. The main reason is a phenomenon <sup>(1)</sup>call jet lag.

What is jet lag? Jet lag happens when traveling a long distance to a different time zone in a relatively short amount of time. The travel time on airplanes is too fast for the human body to adjust to the change in time and the new environment. As a result, air travel significantly disrupts a person's sense of time and place and this affects our general sense of well-being.

As humans, <sup>(2)</sup>we are creatures of habit. We like to get up at the same time in the morning, follow the same daily routine, and socialize with the same people. If we have to change our routine due [ B ] unfamiliar surroundings, we get homesick and consciously or unconsciously long for people and objects that are familiar to us. For example, we wish for our own bed or eat food that we know and like. We can certainly get used to a new routine, new surroundings, and new people, but initially, our sense of place is disrupted, making us feel tired and out of sorts.

More [ C ], air travel impacts our natural sense of time. Our body functions like clockwork. It senses the different qualities of early morning, noon, and midnight. If we travel to another time zone, we do not give our bodies enough time to adjust to the sudden change in time patterns. For example, when a traveler from Japan arrives in Canada, <sup>(3)</sup>~~~~~. As the body struggles to get used to the new schedule, we start feeling tired and become easily irritated.

Jet lag is a fairly recent phenomenon. Before air travel, people could go no faster than their own feet would take them, their animals could carry them, or boats could transport them. As a result, it took weeks or months to travel great distances around the world. On the other hand, air travel allows us to travel around the globe within less than 48 hours.

Medical experts [ D ] that there are ways to avoid jet lag altogether or reduce its effects. One [ E ] the most common suggestions is to drink a lot of water while traveling to prevent dehydration. Experts also recommend that you begin adjusting to the new time zone before traveling. Once onboard the plane, you should immediately set your watch to your destination's time. Most importantly, doctors

recommend not going to sleep or taking a nap during the daytime when you arrive at your destination. No matter how sleepy you are, it is best if you stay awake, so your body can adjust quickly.

Following these simple steps will allow you to get over jet lag more quickly and let you enjoy your vacation much sooner.

1. 空欄 [ A ] ～ [ E ] に入る最も適切な語を選び、記号で答えなさい。

- |                    |               |               |               |
|--------------------|---------------|---------------|---------------|
| [A] ア. with        | イ. in         | ウ. on         | エ. at         |
| [B] ア. for         | イ. to         | ウ. in         | エ. on         |
| [C] ア. importantly | イ. inevitably | ウ. carefully  | エ. fully      |
| [D] ア. suggest     | イ. suggested  | ウ. suggesting | エ. suggestion |
| [E] ア. in          | イ. for        | ウ. with       | エ. of         |

2. 波線部<sup>(1)</sup>callは原形になっています。正しい形をア～エから1つ選び、記号で答えなさい。

- ア. calling      イ. called      ウ. calls      エ. caller

3. 波線部<sup>(2)</sup>we are creatures of habitの内容として最も適切なものをア～エから1つ選び、記号で答えなさい。

- ア. humans do not follow a routine  
イ. humans have many bad personality characteristics  
ウ. humans are basically like animals  
エ. humans like to do the same things everyday

4. 波線部<sup>(3)</sup>                    にはどの文が入るのか、最も適切なものをア～エから1つ選び、記号で答えなさい。

- ア. they know what time it is automatically  
イ. they can easily adjust to Canadian time  
ウ. their body feels like they are ready for a new day  
エ. their body continues to operate on Japanese time

5. 本文の内容と最も一致している文をア～オから1つ選び、記号で答えなさい。

- ア. Humans can adjust their bodies easily to new time zones and places.  
イ. Controlling your sleep is a good way to avoid jet lag when travelling.  
ウ. Many people avoid jet lag by setting alarms to their home time zones.  
エ. Jet lag can cause various types of illnesses and diseases in adults.  
オ. Jet lag is a psychological symptom of travel not a physical symptom.

6. 本文のタイトルとして最も適切なものをア～エから1つ選び、記号で答えなさい。

- ア. Jet Lag Caused by Short Distance Travel  
イ. Jet Lag Causes Problems for Travelers  
ウ. The Pleasure of Travel and Jet Lag  
エ. Jet Lag is Easy to Avoid!